



## Think Detroit PAL Youth Soccer League – Fall 2010

### I. GENERAL RULES AND REGULATIONS

1. OUR PURPOSE is to promote, teach, and play soccer; to be flexible, yet consistent; and to promote the development of youth, not the coach's or parent's ego. Enjoy the game and leave it on the field.
2. In an effort to provide clean and safe facilities, as well as promoting good sportsmanship, ALL teams are responsible for "handshakes and trash bags." Shake hands with the opposing team and clean up behind yourselves after EVERY game.
3. Teams and coaches are STRONGLY encouraged to play their complete schedule so that all players will be given the opportunity to play. ONLY a weather warning or watch issued by the local media will cause the cancellation of a game. ALL OTHER GAMES ARE PLAYED unless the referee deems the conditions unplayable. If you are unsure whether the games will be played, you can call our HOTLINE # at (313) 359-6105.
4. There is unlimited player substitution for all age groups. Players may be substituted by the team in possession of the ball for a throw-in, before a goal-kick by either team, after a goal by either team, after a yellow card by either team (however, the coach may substitute only the yellow carded player and the opposing coach may only make one substitution), or after an injury by either team (however the coach may only substitute the injured player and the opposing coach may only make one substitution). Substitutions may occur **ONLY WHEN YOU HAVE THE ATTENTION OF THE REFEREE** and the referee allows the substitution.
5. COACHING is to take place from the sidelines between the goal-penalty boxes. Spectators must remain in the areas behind their respective teams and not interfere with the players. **IT IS STRICTLY PROHIBITED FOR ANYONE TO STAND ON THE GOAL LINE OR BEHIND EITHER GOAL OR ON THE OPPOSING TEAM'S SIDELINE.**
6. AGE GROUPS must be adhered to strictly (no player is allowed to play in an age group below his/her age). Any person found falsifying registration forms or intentionally playing players below his/ her age group level will be subject to disciplinary actions by the Commissioner which may include expulsion from the season and/or ineligibility for future seasons.
7. Non competitive divisions include the U5, U6, U8 and U10 divisions. Official scores are not kept for these divisions and playoffs are not played. The competitive divisions, where playoffs are played and scores are kept, include the U12, U14, and U9 divisions.
8. For all competitive teams, **FINAL** rosters are due by the **THIRD WEEK** of the season, 10/3//10. After that, any player that is not listed on your roster (with a birth certificate on file) will be ineligible to play until such time that a birth certificate is submitted.
9. Competitive players are responsible for verifying the final score after every game and sign off on the score sheet card before leaving the field.
10. PLAYERS may only register for and play on one team. Any team found playing a player who is not registered for that team will forfeit the game in which the infraction occurred. SELECT players are NOT eligible to play recreation soccer.



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11. FORFEITS will occur when there are not enough team players to constitute a “full team” (see specific age group rules for a definition of “full team”) FIFTEEN MINUTES FROM THE SCHEDULED KICK-OFF TIME. Games that start late may be shortened by the referee in order to finish on time. Teams that continually forfeit games will be subject to discipline which may include removal from the league at the discretion of the Commissioner.
12. Any team, competitive or non competitive, that wishes to schedule additional games or make up games, must do so on their own. Think Detroit PAL is not responsible. If additional or make up games are arranged, you must get the approval from the league commissioner for use of the field. For competitive teams only: if a game is cancelled due to inclement weather, before reaching half time, a make up game will be scheduled.
13. All games should start and end on time. If the game starts late, for whatever reason, it still must end on time.
14. An injury time out will be called based on the severity of the player’s injury. If the player is down on the field and cannot be immediately carried off the field, the clocked will be stopped until has been taken off the field, then the game will resume where left off.
15. PARENTAL HARASSMENT AND BAD LANGUAGE towards referees, opposing players or coaches, or your own players or coaches is unacceptable. Please control your sidelines and make the game more enjoyable for everyone. The game is for the benefit of the children, not the spectators. Coaches will be held responsible for the conduct of their spectators. Teams, coaches, players, and/or parents who continue to violate this rule will face possible ineligibility from future registration, forfeiture of games, expulsion from the league, or other disciplinary actions as deemed necessary.
16. The league Commissioner reserves the right to determine the fair application of these rules with regards to any and all league occurrences. TDPYSL rules supercede all other leagues rules and closely follow suggestions offered by US Youth Soccer.



## Think Detroit PAL Youth Soccer League – Fall 2010

### II. RED CARDS AND YELLOW CARDS

1. **PLAYERS OR COACHES** issued a Red Card must immediately leave the premises before the game will continue. In addition to the ejection, the player or coach will receive an automatic one-game suspension unless the Red Card is issued for “serious foul play,” “violent conduct,” or “foul or abusive language.” In that case, an automatic two-game suspension will be levied. Players or coaches receiving an additional Red Card within the seasonal year are suspended from further play until there is a hearing before the T.D.P.Y.S.L. Disciplinary Board.
2. **COACHES:** You may be subject to a Yellow or Red Card for the conduct of your players on the field and sidelines. Coaches and players are also subject to a Red Card or Yellow Card **BEFORE** or **AFTER** any game for deleterious conduct.
3. **TWO YELLOW CARDS** in any one game will equal one Red Card and will result in the same disciplinary actions.

### III. BAD WEATHER

1. In case of a **TORNADO WATCH OR WARNING** issued by the news media for the Detroit area, games affected (until the watch or warning is lifted) will be automatically canceled. If you are unsure whether the games will be played, call our **HOTLINE # (313) 359-6105**.
2. During all other conditions (including rainy or cold weather) games will be scheduled as usual unless the referee on the field deems the conditions unplayable. Teams are responsible for playing all games.
3. Games called by the Referee due to inclement weather or darkness during or after half time will be considered complete. Games called prior to halftime will be replayed from the beginning for play-off eligible teams (see specific age group rules for a definition of “play-off eligible”).

### IV. PLAYER EQUIPMENT

1. All players **MUST** wear shin guards at all times during the game. Shin guards are to be worn under the player’s socks. Players who are not wearing shin guards must leave the field until the player is properly protected with shin guards.
2. Cleats are not required, although if the player chooses to wear cleats **THEY MUST BE SOCCER CLEATS**. Football and baseball cleats are prohibited. (Football and baseball cleats have a “toe” cleat which is dangerous to other soccer players).
3. **GOALKEEPERS** must wear different colors from those worn by other players to identify him/herself as the goalkeeper.
4. Any mouth guards or cups are at the discretion of the parents and players involved and are not mandated by the league.



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### Under-6

1. Teams play 4 vs. 4.
2. A “full team” will require at least 2 players. (If only 2 players show up from one team it is suggested that both teams play with only 2 players).
3. Games will be played in four quarters of eight minutes each.
4. Teams will play with a size 3 ball.
5. The size of the field will be at least 17 yds x 25 yds.
6. The size of the goal will be 4' x 6'.
7. There are no goalies and NO REFEREES. The head coach from each participating team will serve as the game official
8. Players may stand anywhere on the field during play.
9. Offsides IS NOT enforced.
10. All free kicks are indirect.
11. All players must play at least 50% of the game. (Teams with more than 6 players must make every effort to play all players equally, regardless of the score of the game.)
12. A foul throw-in will be retaken by the offending player.
13. TEAMS AND COACHES must line-up and shake hands after the game.
14. No scores or standings are kept for this division. Coaches should use their time with their players to teach rules, respect for opponents, and a love for the game!



## Think Detroit PAL Youth Soccer League – Fall 2010

### Under-8

1. Teams play 5 vs. 5.
2. A “full team” will be considered at least three players.
3. There are no goalies.
4. Games will be played in four quarters of twelve minutes each.
5. Teams will play with a size 3 ball.
6. The size of the field will be at least 25 yds x 35 yds.
7. The size of the goal will be 6’ x 12’.
8. Offsides IS NOT enforced.
9. All free kicks are indirect (there are no penalty kicks in this division).
10. All players must play at least 50% of the game. (Teams with more than 8 players must make every effort to play all players equally, regardless of the score of the game).
11. A foul throw-in will be retaken by the offending player.
12. Coaches should NOT “run up” the score. Play less advanced players, take a player off the field, or tell your team they must complete a number of passes before they can score. There are lots of ways to allow for fun and challenging soccer without “running up” the score.
13. TEAMS AND COACHES must line-up and shake hands after the game.
14. No scores or standings are kept for this division. Coaches should use their time with their players to teach rules, respect for opponents, and a love for the game!



## Think Detroit PAL Youth Soccer League – Fall 2010

### Under-10

1. Teams play 6 vs. 6.
2. A “full team” will be considered at least 4 players.
3. One player will be the goalie.
4. Games shall be played in two halves of twenty-five minutes each.
5. Teams will play with a size 4 ball.
6. The size of the field will be at least 35 yds x 50 yds.
7. The size of the goal will be 7' x 21'.
8. Offsides IS NOT enforced.
9. All players must play at least 50% of the game. (Teams with more than 12 players must make every effort to play all players equally, regardless of the score of the game.)
10. A foul throw-in will be awarded to the opposing team.
11. Coaches should NOT “run up” the score. Play less advanced players, take a player off the field, or tell your team they must complete a number of passes before they can score. There are lots of ways to allow for fun and challenging soccer without “running up” the score.
12. TEAMS AND COACHES must line-up and shake hands after the game.
13. No scores or standings are kept for this division. Coaches should use their time with their players to teach rules, respect for opponents, and a love for the game!



## Think Detroit PAL Youth Soccer League – Fall 2010

### Under-12

1. Teams play 8 vs. 8.
2. A “full team” will be considered at least 6 players.
3. One player will be the goalie.
4. Games shall be played in two halves of thirty minutes each.
5. Teams will play with a size 4 ball for Under-12
6. The size of the field will be at least 45 yds x 70 yds.
7. The size of the goal will be 8’ x 24’.
8. ALL OFFSIDES SHALL BE ENFORCED.
9. All players must play at least 50% of the game.
10. A foul throw-in will be awarded to the opposing team.
11. Coaches should NOT “run up” the score. Play less advanced players, take a player off the field, or tell your team they must complete a number of passes before they can score. There are lots of ways to allow for fun and challenging soccer without “running up” the score.
12. TEAMS AND COACHES must line-up and shake hands after the game.
13. Scores and standings will be kept for this division.
14. PLAY-OFF ELIGIBLE TEAMS will be ONLY those teams who have submitted a birth certificate for all registered players. DEADLINE FOR SUBMISSION OF BIRTH CERTIFICATES SHALL BE OCTOBER 3, 2010. Play-off seeds will be determined by the league Commissioner according to a number of factors including but not limited to strength of schedule, head-to-head results, and final record.
15. The winning team is responsible for calling in the score of the game within 48 hours after its completion. Contact Dana K. Cooper at (313) 833-1600 or [danacooper@thinkdetroitpal.org](mailto:danacooper@thinkdetroitpal.org).
16. Coaches should use their time with their players to teach rules, respect for referees and opponents, and a love for the game!



## Think Detroit PAL Youth Soccer League – Fall 2010

### Under-14/U19

1. Teams play 11 vs. 11.
2. A “full team” will be considered at least 7 players.
3. One player will be the goalie.
4. Games shall be played in two halves of thirty-five minutes each.
5. Teams will play with a size 5 ball for Under-15 and a size 5 ball for Under-14 and older.
6. The size of the field will be at least 55 yds x 100 yds.
7. The size of the goal will be 8’ x 24’.
8. ALL OFFSIDES SHALL BE ENFORCED.
9. All players must play at least 50% of the game.
10. A foul throw-in will be awarded to the opposing team.
11. Coaches should NOT “run up” the score. Play less advanced players, take a player off the field, or tell your team they must complete a number of passes before they can score. There are lots of ways to allow for fun and challenging soccer without “running up” the score.
12. TEAMS AND COACHES must line-up and shake hands after the game.
13. Scores and standings will be kept for this division.
14. PLAY-OFF ELIGIBLE TEAMS will be ONLY those teams who have submitted a birth certificate for all registered players. DEADLINE FOR SUBMISSION OF BIRTH CERTIFICATES SHALL BE OCTOBER 3, 2010. Play-off seeds will be determined by the league Commissioner according to a number of factors including but not limited to strength of schedule, head-to-head results, and final record.
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## Think Detroit PAL Youth Soccer League – Fall 2010

I have read and agree to the terms and conditions of the Think Detroit PAL soccer rules and regulations.

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(PRINT NAME)

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(TEAM NAME)

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(SIGNATURE)

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(DATE)

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(STAFF)

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(DATE)